

Fresh Air Trail Run August 23/11

There was warm weather for the 45 runners on Tuesday's trail run at the Kamview Nordic Centre. As usual, there were two courses, a 5.2km and a shorter 3km. The next run is 3 weeks away on Wednesday Sept 14. Runners will be able to chose from a 4km or 8km loop.

5.2KM

1.	Greg Kilroy	19.49
2.	Kieran Armstrong	19.51
3.	Jim Keyes	20.24
4.	Julian Freitag	20.40
5.	Phil Brown	20.48
6.	John Martinsen	21.56
7.	Daphne Haggarty	21.59
8.	Fergus Foster	22.27
9.	Angus Foster	22.29
10.	David Ek	22.30
11.	Marianne Stewart	22.45
12.	Beatrice Kaiser	23.24
13.	Dan Ek	23.30
14.	Amie Mathews	23.57
15.	Marilyn Ailey	24.42
16.	Gord Ryan	24.52
17.	Moira Haggarty	24.59
18.	Matt Shutte	25.05
19.	Janice Ryan	25.11
20.	Kelly Henry	25.40
21.	Maureen Page	26.31
22.	Sharon Lovis	26.58
23.	Peter Lovis	26.58
24.	Kurt Bretschpecter	27.18
25.	Martin Kaiser	27.42
26.	Ryan Pendziwol	28.01
27.	Cody Scott	28.17
28.	Paul Darosa	28.32
29.	Alex Brazeau	29.02
30.	Rosie Bava	29.06
31.	Taryn Boswell	29.07
32.	Mia Serratore	29.27
33.	Betsy Beveridge	29.40
34.	Nathalie Bedard	29.41
35.	Katie Spittlehouse	32.57
36.	Lis Salmon	35.55
37.	Jodie Martinsen	37.44
38.	Cathy Jillings	42.00

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| 39. | Jennifer Kresack | 42.50 |
| 40. | Kim Wilson | 42.50 |

3KM

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| 1. | Emma Hartland | 12.47 |
| 2. | Gary Hartland | 12.56 |
| 3. | Emmitt Scott | 18.38 |
| 4. | Doug Scott | 18.39 |