

EVENT DAY INFORMATION

Start time: 10:00 am EST. Start will be in the lower stadium area and finish will be in front of the Chalet.

Technique: The course will be groomed for both diagonal stride (classic) and free technique (skate).

Distances: 5km (easy), 15km (intermediate) and 30km (challenging.) The 30km distance will be twice the 15km course.

Aid Stations: Fluids will be available on the route and at the finish area. Pizza lunch is included in entry fee.

Kit Pick Up: Bibs can be picked from 3pm Friday, February 5 at the Kamview Chalet.

Entry: Forms may be dropped off at Kamview Nordic Centre, Fresh Air Experience, Rollin' Thunder or faxed to 577-9772 no later than Tuesday, February 2. After that, all entries must be made in person at Kamview Nordic Centre.

Weather: A jury may decide to postpone or cancel the event due to extreme cold temperatures or high wind-chills. Entry fees are non-refundable. Organizers will make every attempt to reschedule in the event of a cancellation.

Timing: Chip timing will be used.

Awards: Awards will be presented to the first, second, and third male and female finisher overall in each distance. Age group awards will also be presented.

Thunder Bay City Championships: The new format for the City Championships involves participation in three out of four local events, including the Lappe Boxing Day Classic, the Kamview Classic (Saturday March 13), the Lappe Invitational Freestyle (January 25, 2010) and the Kamview Freestyle Tour (February 6, 2010). Prizes for the race series will be awarded to the top overall finisher in each age category from Juvenile to Masters as well as draw prizes for those that attend 3 of 4 events.

Entries are non-refundable and non-transferrable.



2010

Kamview Tour

Open Technique—Skate or Classic

Saturday, February 6, 2010

Kamview Nordic Centre

Mass Start 10:00am (EST)

Part of the
Thunder Bay City Championships

ENTRY FORM

Last Name: _____

First Name: _____

Phone Number: _____ **Age:** _____

Male ___ **Female** ___ **Birth Date:** (yy/mm/dd) ___ / ___ / ___

Thunder Bay Nordic Trails member? yes ___ no ___
 Individuals who are not members *must* sign a waiver at time of kit pick up.

City Championships. The Kamview Tour is one of four local events included as part of the City Championships (see more information on the back of this form.) Participants must take part in three of the four to be eligible for City Championship awards. Prizes for the race series will be given to the top overall finisher in each age category from Juvenile to Masters. In order to be eligible for the City Championship, Kamview Tour participants must ski the distance organizers have determined will be used in the series calculations. They are:

- Juvenile boy/girl (age 14-15): 15km
- Junior boy/girl (age 16-17): 15km
- Junior man/woman (age 18-19) 15km
- Senior man/woman (age 20-29) 30km
- Masters man/woman (30-39) 30km
- Master man/woman (40-49) 30km
- Masters man/woman (50-59) 30km
- Masters 60+ women 15km
- Masters 60+ men 30km

Participants are not required to ski the distances outlined above if they are not interested in having their results calculated for the City Championships and may choose any event.

Entry fee includes registration in the event, pizza lunch, hydration stations for longer distance participants and opportunity to win prizes.

Category	5km	15km	30km
Child (to age 13) Not eligible for City Champs			
Juvenile (14-15) City Championships eligible distance 15km			
Junior Boy/Girl (16-17) City Championship eligible distance 15km			
Junior Man/Woman (18-19) City Championship eligible distance 15km			
Senior (20-29) City Championship eligible distance 30km			
Masters 30-39 City Championship eligible distance 30km			
Master 40-49 City Championship eligible distance 30km			
Masters 50-59 City Championship eligible distance 30km			
Masters 60+ City Championship eligible distance 15km women, 30km men			

	Until Tues. Feb 2	Tues Feb. 2 to Friday Feb 5	Race Day Feb. 6
Child (17 and under)	\$10	\$15	\$18
Adult (18 and up)	\$25	\$30	\$40

Payment Amount: \$ _____

Payment method: (please circle) Cash Cheque Debit Credit Card

Card Number:

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Signature: _____ Expy:

Name on Card (please print) _____